



5302 48th Street Taber, Alberta T1G 1H3

Phone: (403) 223-3352 • Fax: (403) 223-3855 • spt.holyspirit.ab.ca

Michelle Nevil, Principal • Mary Tilleman, Associate Principal

October 2022

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
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2	3	4 Hot Lunch – Pizza Hut	5 Grade 1-5 Pow Wow Fieldtrip at Children of St. Martha's in Lethbridge	6 School Council AGM @ 3:45 PM	7 Thanksgiving Prayer Service @ 8:45 AM	8
9	10 Thanksgiving Monday – No School	11	12	13 • Terry Fox Run @ 1:45 PM	14	15
16	17	18	19 • Hot Lunch – DQ • Parent/Teacher Goal Setting Day	20 • Parent/Teacher Goal Setting Day	21 School PD Day – No School	22
23	24 Division PD Day – No School	25	26 CEC Board Mtg @ 6:00 PM	27 • School Pictures – Re-take Day	28	29
30	31	Nov. 1 All Saints Day Prayer Service @ 8:45 AM	Nov. 2	Nov. 3 School Council Meeting @ 3:45 PM	Nov. 4	Nov. 5



ROCKS

October
2022



ROCK TIME

We are grateful at SPT. Refer to pg. 18 in your agendas and you will see some cool challenges for showing gratitude.



Energy Challenge for October
Shorten your Shower Time - Conserve Water



SPT Food Drive

We will be accepting non perishable food for our local food bank from October 7-28.

Thank you to our School Council
and 4/5 Parents for making our first
bake sale a great success. We raised
\$778!

Rock Time is our weekly assembly that happens the first day back from the weekend at 8:45 AM in our gym. You are welcome to join us if you like.

This month we will root ourselves in these Gospel readings at Rock Time. These are all the Sunday Gospel Readings for October.

Luke 17:5-10

Luke 17:11-19

Luke 18: 1-8

Luke 18:9-14

Luke 19:2-9



Mark your Calendars



- Oct. 5 - Grades 1-5 will be attending a Pow Wow in Lethbridge 10:40-3:00
- Oct. 6 - SPT School Council AGM 3:45
- Oct. 7- 2/3V hosts our Thanksgiving Liturgy in our school gym 8:45
- Oct. 13 - Terry Fox Run 1:45-3:00
- Oct. 10, 21, & 24 - No School
- Oct. 31 - Halloween Parties - 1:30-3:00
 - Kids can put on costumes at the second Nutrition Break (1:00)
 - Halloween Costume Parade in school gym 2:45

= Please come and join us.

At SPT we have many people who help us Learn to Love and Love to Learn. Here are a few that help us with our feelings, and wellbeing

- Dylan Adkins - Family School Liaison
- Rhiece Cordes - Mental Health Capacity Worker
- Sam Deboer - Best Academy director
- Nicole Smith - Breakfast Program Coordinator
- Brenda Anderson - Breakfast Program Volunteer
- U of L student nurses are here every Thursday



We are thanking our farmers this month. If you are a farmer please email Mrs. Nevil (nevilnm@holyspirit.ab.ca) your farming photo so we can celebrate you during Rock Time.





NATURAL PLAYGROUND UPDATE

What's next???

This fall we would like to install our bridge between the hills, build and install a dock and frame the area for a Mud Kitchen and Boulder Park.

If you are great at building stuff please let the office know. We'll supply the wood and you can build a dock or bridge. Thanks



We are looking for anyone with a bobcat or machine to do some landscaping and move pea gravel into our Boulder Park and Mud Kitchen area. It would be great to have this done before the snow flies. Please contact Mrs. Nevil if you know of anyone who can get the job done. Thank you so much.



Soon we will be removing the fence and our students will be able to play on the hills. Thank you to Cooper Rentals for donating the blue fence.

School Council News:

Our School Council Annual General Meeting will be held on
Thursday, October 6th @ 3:45 PM.

- All parents are welcome and encouraged to attend our meetings to find out what's happening in our school community. Our school council advocates for all SPT students and staff.
- Hot Lunch # 2 – October 19th – Orders Due on Tuesday, October 11, 2022.
- Farm to School Fundraiser – Students will be bringing home an information/order form.

Terry Fox Run – Oct. 13

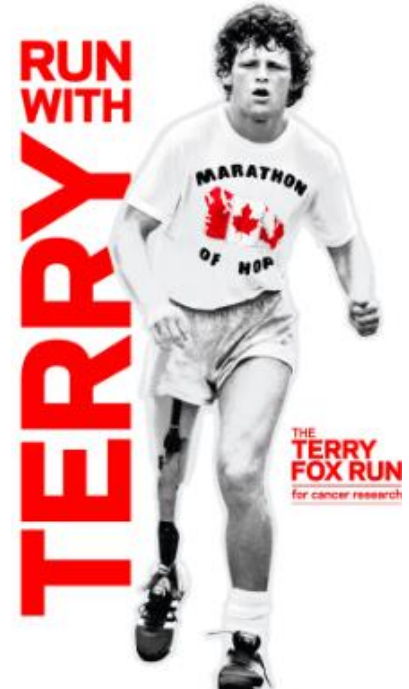
Parents are welcome to join us for our Terry Fox Run on
Thursday, October 13th

We will start with a short assembly in our gym at 1:45 PM and then move out to the track behind our school for the run.

Donations for the Terry Fox Foundation will be collected until
Friday, October 28th.

Donations forms will be sent home. However, if you would like to donate online, you can do so using the following link at:

<https://schools.terryfox.ca/StPatricksSchoolTaber>



St. Augustine and St. Joseph Parish

A Catholic Community serving Taber and Vauxhall, Alberta, Canada

October 3, 2022

Dear Parents/Guardians:

St. Augustine's Church is still accepting registration for Reconciliation and Holy Communion Classes. Our next class is Sunday, October 16 at 8:30 am in the lower hall. These classes are open to any student in grade two or older who wish to receive the sacraments of Reconciliation and/or First Holy Communion. If you are interested in registering your child, please contact the church office at 403-223-2226.

Sincerely in Christ,

Cindy Wilson
Sacrament Coordinator

Fr. Philip Van Tinh Le
Pastor

SACRAMENTAL PREPARATION DATES 2022-2023

RECONCILIATION CLASS 1	Sunday October 2	8:30 AM
RECONCILIATION CLASS 2	Sunday October 16	8:30 AM
RECONCILIATION CLASS 3	Sunday November 13	8:30 AM
RECONCILIATION CLASS 4	Sunday November 27	8:30 AM
RECONCILIATION CLASS 5	Sunday December 11	8:30 AM
RECONCILIATION CLASS 6	Sunday January 15	8:30 AM
PENITENTIAL SERVICE	Sunday January 22	4:00 PM
FIRST HOLY COMMUNION CLASS 1	Sunday February 12	8:30 AM
FIRST HOLY COMMUNION CLASS 2	Sunday February 26	8:30 AM
FIRST HOLY COMMUNION CLASS 3	Sunday March 12	8:30 AM
FIRST HOLY COMMUNION CLASS 4	Sunday March 26	8:30 AM
FIRST HOLY COMMUNION CLASS 5	Sunday April 16	8:30 AM
FIRST HOLY COMMUNION CLASS 6	Sunday April 30	8:30 AM
FIRST HOLY COMMUNION CLASS 7	Sunday May 7	8:30 AM
FIRST HOLY COMMUNION REHEARSAL	Saturday May 13	10:00 AM
FIRST HOLY COMMUNION CELEBRATION	Sunday May 14	9:00 AM



In the Spirit of Thanksgiving, St. Patrick School is collecting **non-perishable** food items for our local Taber Food Bank. Donation bins are available in our front entrance.

We will be collecting donations from:
October 7th – October 28th.

Lifetouch.

PICTURE DAY IS COMING!

Re-take Day is scheduled for **Thursday, October 27, 2022**. Please notify the school office by October 25th if you would like your child to get re-takes done. The original proofs will be arriving in the next week or two.



What to Expect:



Students are photographed on Picture Day



Pictures are sent home with your child



Review pictures & purchase on mylifetouch.ca



Grade ECS – Grade 5 School Fees:

School fees **were due on September 30th, 2022.**

If you haven't already done so, please pay for your school fees on your SchoolCashOnline account. Please contact the school office if you have any questions regarding the school fees.

Library Corner - From the Desk of Mrs. Firth

What a great first few weeks it's been in the library! A reminder that books are due the following week, but can always be renewed if you're still enjoying it. Please check all those interesting places in your homes and vehicles where library books turn up, and return them to our St. Pat's Library.

Did you know you can search the St. Patrick's School Library Catalogue for books from the comfort of your own home?

It's just this easy:

- Open up the St. Patrick's Home page
- Go to Resources & Publications tab at the top, scroll down to Library Services.
- Click on the SPT library catalogue icon
- You can search by title, subject, author, keyword or series



You can find the perfect books for your child to check out. Or better yet, find the perfect books for you and your child to read together. You can send a note in your child's agenda or send me a message at firthc@holyspirit.ab.ca and I will check the book out and send it home to be read.

Last, but not least, **SAVE THE DATE! The scholastic book fair will be back at our school from November 15-17!** If you would like to volunteer your time please send me a message or call the school.

Farm to School Bundle Details

\$15 VEGETABLE BUNDLE A

2Lbs Carrots



5Lbs Red potatoes



2Lbs Yellow cooking onions



\$7.50 Profit

\$25 VEGETABLE BUNDLE B

3Lbs Carrots



10Lbs Red potatoes



3Lbs Yellow cooking onions



1Lb. Parsnips



1 Head green cabbage



\$12.50 Profit



Visit
farmtoschool.ca
for details



Our School Council has organized a Farm to School Fall Fundraiser. Information and order forms will be going home with your child.

Here are the important dates:

Deadline to Order:
October 28, 2022

Pick up days:
November 9 & 10, 2022

Important Reminders:

Late or Absent Students – Please call our school office by 9:00 AM if your child will be late or absent from school! Our phone number is 403-223-3352.

Agenda Notes – The agenda is an important communication tool between home and the school. If there are any changes in your child's schedule, a change in bus/kidzone schedule, or a change in who is picking up your child, please make note in your child's agenda. If the change occurs during the day, give our school office a call and we will pass on the message to the classroom.

Picking up Students During School Hours – Parents, if you are picking up your child during school hours, please check-in at our office to sign out your child. While signing out, the office will contact your child's homeroom teacher to have your child sent down to the office. Thank you in advance for your cooperation by helping us to continue to create a safe and supportive learning environment for all of our students.

Medical Notes/ Medication – If your child needs to take medication at school, please see Mrs. Mankow in the office to fill out the required paperwork. Additionally, please keep us updated on any allergies or medical changes the school should be aware of.

Microwave Use at Nutrition Times – Just a friendly reminder that if you are sending your child with a lunch/snack that needs to be heated, please ensure it is pre-cooked. Items like Mac N Cheese bowls, ichiban ramen, or anything that requires cooking time doesn't allow us to help all students and it doesn't allow your child to have adequate time to eat during our nutrition breaks.

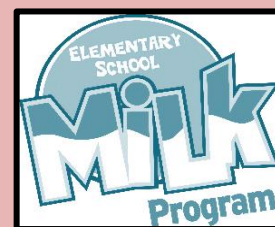
Milk and Juice Program: We are excited to be offering our milk and juice program again this year. The program will be run by our Grade 5 students with the help of Mrs. Gross and Mrs. Wickson. Milk and juice will be available for purchase during the 1st Nutrition Break. Milk cards can be purchased at the office or on SchoolCashOnline. **If you pay for a card online, please have your child come to the school office to request the card. Thank you.**

We have two types of cards available:

- 1) \$10 punch card valid for 10 individual milk/juice purchases
- 2) \$20 punch card valid for 20 individual milk/juice purchases.

If you don't want to purchase a punch card, students are also able to purchase milk or juice individually. Each drink is \$1.00

*****Proceeds from the milk program supplement our SPT Leadership Initiative & our Grade 5 Farewell. *****



Stay Connected:

Check out our school website: spt.holyspirit.ab.ca School Calendar: spt.holyspirit.ab.ca/school/calendars

Follow us on Social Media:



[St. Patrick School - Taber](https://www.facebook.com/St.PatrickSchool-Taber)



[@spttaber](https://www.instagram.com/spttaber)



[@SPTtaber](https://twitter.com/SPTtaber)

Superintendent's Blog:

Our Superintendent, Ken Sampson, shares the latest information in educational programming in his blog located at <https://blog.holyspirit.ab.ca/>

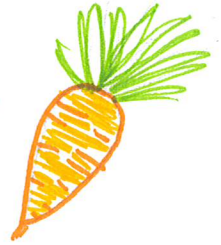
Board Briefs:

Each month, the School Division Trustees publish a summary of their meetings:

https://www.holyspirit.ab.ca/board_administration/board_of_trustees/board_meetings



OCTOBER 2022



Breakfast Program Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
♥	3 Crackers Cheese Fruit	4 Cereal w/ milk + Fruit	5 Egg Wrap Fruit	6 Yogurt Parfait w/ Berries	7 Smoothie Day!	♥
♥	10 Thanks Giving No School	11 Granola bar Yogurt Fruit	12 Toast Vegetable	13 Cookie Fruit Yogurt	14 Cereal milk Fruit	♥
♥	17 Crackers Cheese Vegetable	18 Cereal milk Fruit	19 Egg Wrap + Fruit	20 Smoothie + Leftovers	21 PD Day No School	♥
♥	24 PD Day No School	25 Crackers Cheese Fruit	26 Apple Pie Parfait	27 Cookie Fruit Yogurt	28 Cereal milk Fruit	♥
♥	31 Granola Bar Yogurt Fruit	1 Cereal milk Fruit	2 Egg Wrap + Fruit	3 Yogurt Parfait w/ Berries	4 Smoothie Day!	♥
♥	♥ 🌲	Notes: The Breakfast Program at SPT is NUT FREE this year. 				

This Program is FREE to all students!

October

Arise!

Pilgrims of Hope



"May the God of hope fill you with all joy and peace in believing, So that you may abound in hope by the power of the Holy Spirit."

Romans 15:13

ST. THÉRÈSE OF LISIEUX 1873-1897 (Feast Day: October 1)

St. Thérèse was born on January 2, 1873 in France. After her mother died, her father and older sisters raised her. In 1886, on Christmas Day, Thérèse had an experience of intimate union with God. A year later, Pope Leo XIII gave her permission to enter the Carmelite Monastery at 15 years old.

Thérèse devoted herself to a life of holiness. She had a childlike trust in God, and although she struggled in the convent, she tried to perform acts of charity and sacrifice, no matter how small they were.

In her autobiography, "Story of a Soul," Thérèse wrote that her vocation was Love. She was called to show God's love to the world. In 1896, she fell ill with tuberculosis, and offered her sufferings as a sign of love for God. She died a year and a half later at the age of 24; her last words were, "My God, I love you." Thérèse's "little way" of loving God has inspired millions, and she is said to have interceded in many miraculous ways. She was proclaimed a Doctor of the Church in 1997 by Pope John Paul II, 100 years after she died.

Holy Moments In Our Schools

Each of our schools have started off their year in their own way, and finding their own unique ways to Arise! At Our Lady of the Assumption School, staff engaged in a faith formation project that culminated in a composite stained glass window that shows their ideas about this year's Faith Plan theme. Check it out the next time that you are there!

Have a picture of your students showing a spiritual work of mercy or fruit of the spirit? Being in communion with one another or learning about the saints? Send it our way and you may be featured.

The Spiritual Works of Mercy Counsel the Doubtful

Everyone has moments of doubt in their faith journey. Nevertheless, we should always remember that Christ is the Way, the Truth, and the Life and turn to him along our way.

- Listen to counsel and receive instruction, that you may eventually become wise." (Prov 19:20)
- The Cross of Christ "the foolishness of God is wiser than human wisdom, and the weakness of God is stronger than human strength." (1 Cor 1:25)
- Has someone asked you for advice? Orient your response to Christ, who is the Way, the Truth, and the Life.
- Follow Christ with the witness of your life so that others may see God's love revealed in your actions.
- Accompany a friend who is struggling with believing to join a parish group for service or faith formation, share a book you found useful in dealing with your friend's faith concern, and worship at Sunday Mass.

"My vocation is Love."

"You know well enough that Our Lord does not look so much at the greatness of our actions, nor even at their difficulty, but at the love with which we do them."

"There is only one thing to do: throw the flowers of the small sacrifices to Jesus."

(The above quotes are attributed to St. Thérèse)



St. Thérèse was declared a Doctor of the Church by Pope John Paul II in 1997. For a saint to be declared a Doctor, is a recognition of significant contribution to the theology of the Church.

The Fruit of the Spirit – Peace



Just like physical fruit needs time to grow, the fruit of the Spirit will not ripen in our lives overnight. As we mature in our faith, all the characteristics of our spiritual fruits will grow as well.

The second fruit of the Spirit is peace. The word 'peace' appears nearly 429 times in the Bible, which helps us understand why the phrase "Peace be with you" is so important in the faith community.

One of the strongest human desires is for peace, whether it be peace between nations, peace between neighbors or even peace within our own minds. Peace is listed in the top three characteristics of the fruit of the spirit. Without love, joy and peace, the rest of the fruits are not possible. God has also called us as Christians to be peacemakers.

In Philippians 4:6-7 we are told, "Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus."

God's perfect peace is an amazing gift that is hard to understand. How can people find peace of mind when things are falling apart around them? The fruit of the Spirit of peace provides the inner peace of mind and contentment even in less-than-peaceful situations.

If you are having anxiety, take a moment to sit and be still. The peace that can comfort you during this time comes from the Holy Spirit within us. Having peace doesn't mean that you will not have conflict, stress or difficult times. Peace is knowing that our God is in control.



Reflecting on the life of St. Thérèse...

Counsel the Doubtful

When we think about counseling the doubtful, we might think about providing advice or direction to someone who is unsure, perhaps with a spiritual decision. For some, this means asking a spiritual director or priest for assistance. There are many places in the Bible that we might go to see examples of counsel being provided – for instance, the letters of St. Paul. St. Thérèse was known for seeking out spiritual direction, but over the course of her life, she also developed what has become known as *The Little Way*, which we can access and employ in our own lives. You may choose to watch the explanation found [here](#) for more information, but in essence, it means to do all of the little things in our lives with great love. This *Little Way*, while perhaps seeming simple, is so profound that Pope John Paul II proclaimed St. Thérèse to be a Doctor of the Church.



Peace

Peace might seem like something that is in short supply right now. Conflict and turmoil seem to be everywhere we look, between and within nations, communities, and even ourselves. When we think of peace as a fruit of the Spirit, we mean that we have an interior peace – that there is order in our hearts. God, who is in our hearts, wants for us to be oriented to himself, and for us to seek his will for us. St. Thérèse, in her short life, is a model for us in seeking God's will. Living as a contemplative, she had lots of time to [spend in prayer](#); an abundance that we may not feel we have in our lives. But despite the suffering that she endured and the simplicity of her life, the legacy that she has left to us is her faithfulness in all of the little things – household chores, kindnesses, daily prayer – that allowed her to accomplish big things with peace and calm.

Gospel Readings

October 2, 2022

27th Sunday in Ordinary Time

Gospel Reading: Luke 17:5-10

"If you have faith the size of a mustard seed, you would say to this mulberry tree, 'Be uprooted and planted in the sea,' and it would obey you." — Luke 17:6

Do you have a favorite superhero? Superheroes are cool! They have special powers that regular humans don't. In some ways, Jesus had "special powers" too. But his "special powers" came directly from God. He had so much faith, love, and trust that he was able to do many miracles in God's name. In today's Gospel, when the apostles ask for more faith, Jesus tells them that we don't always need more faith, because if we use even the little faith we have, we can do great things in his name.

Dear Lord, show us to trust in the faith we have received from you. We know we can do anything in your name.

When I ask God for something, do I usually have faith that God hears my prayer? How do I feel if my prayer isn't answered in the way I had hoped?

October 16, 2022

29th Sunday in Ordinary Time

Gospel Reading: Luke 18:1-8

"Jesus told his disciples...about the necessity for them to pray always without becoming weary." — Luke 18:1

Most of us think of prayer as something to be done once in a while, in a quiet place, away from others. But today Jesus tells his disciples to pray always. If we applied what we think about prayer to what Jesus is instructing us to do, we would not get much done. We would be alone, praying all the time. So, we need to look at this another way. For example, one form of prayer may simply be the way we respond to others. Instead of being frustrated with a brother or sister over something they do, we can try to be patient with them and talk through what is bothering us. When we are using our bodies to do the things it was meant for: playing, learning, helping others, etc, we are praying! When we are enjoying our family and friends, being mindful of those who have less than us, and caring for the earth, we are praying too! There are many ways to pray besides being alone in silence.

Dear Lord, help me to understand that prayer can be time alone in conversation with you, as well as living my life in a way that is pleasing to you.

What are some of the various ways I can pray in my daily life??

October 9, 2022

28th Sunday in Ordinary Time

Gospel Reading: Luke 17:11-19

"And one of them, realizing he had been healed, returned, glorifying God in a loud voice; and fell at the feet of Jesus and thanked him" — Luke 17:15-16

Last week we talked about how sometimes all we need is a little faith to be able to do great things. Have you ever asked Jesus for something in prayer and he did answer your prayer? It is such a great feeling to know you have been heard by the God of all creation! But do we go back to praise and thank him, or do we get so excited about our prayer being answered that we forget to show appreciation to the giver of the gift? Those who give their thanks to God increase their faith. What a double blessing!

Dear Lord, please help us to always be thankful for all the prayers you answer, and even for those we feel you haven't answered. Either way, may our faith continue to increase.

What was one of my favorite experiences of a prayer being answered?

October 23, 2022

30th Sunday in Ordinary Time

Gospel Reading: Luke 18:9-14

"Whoever exalts himself will be humbled, and the one who humbles himself will be exalted." — Luke 18:14

In our house, one of the favorite phrases is 'Last one there is a rotten egg!' As a parent, I know it's all in fun, but I don't always like the spirit of competition it represents. So we have started practicing the idea that "it is a greater thing to be last than to be first," following what Jesus taught us in the Gospel a couple of months ago. Now instead of setting someone up to be the loser, it is teaching all of us to be more considerate and thoughtful of the others in our family. In the end it makes all of us feel a little more humbled, rather than just one of us feeling exalted.

Dear Lord, show us how to put others before ourselves. You gave us such a beautiful example of this. May we try to follow your example whenever possible.

How can I go out of my way to put others before myself, especially in my own family?

Sources: [Saint of the day: Thérèse of Lisieux](#)
[The Spiritual Works of Mercy](#)
[The Fruit of the Holy Spirit: What is Peace?](#)

Gospel Readings

October 30, 2022

31st Sunday in Ordinary Time

Gospel Reading: Luke 19:1-10

"...you overlook people's sins, that they may repent." — Wisdom 11:23

Sin is a part of everyone's life. It is not something most of us like to talk about. Sometimes we don't like to talk about it because we are embarrassed that we did something we knew was wrong. Sometimes people think their sins are so bad that God cannot forgive them but in today's readings, God shows us over and over again how merciful he is. Mercy means that God will forgive us every time we ask him to, no matter what. He loves us so much, whatever we do. But that doesn't mean we should do whatever we want because we can ask for forgiveness later. God wants us to have a change of heart when we do something wrong and come back to him to start over again. So don't be afraid to ask, for our God is full of mercy and love.

Dear Lord, I don't want to sin and hurt others – and you – with my actions. I know that I will fail from time to time, so please help me not to be afraid to ask you for forgiveness.

When was the last time I went to confession to get a fresh start? When can I go again?

Download this month's [Saint Prayer Card](#) - St. Thérèse of Lisieux



Arise!
Pilgrims of Hope Journal

WEEK ONE

What small thing happened today that you are grateful for?



O magnify the
Lord
with me,
and let us exalt his name together.

- Psalm 34:3

October



Arise!

Pilgrims of Hope Journal

WEEK TWO

How would you like to simplify your life?



Simplify your life



WEEK THREE

What goal are you thankful for accomplishing?



WEEK FOUR

Recall a time when you needed and received encouragement.



WEEK FIVE

What burden has God recently lifted?

