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November 2023

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			• All Saints/Souls Day Prayer Service (hosted by 2/3K) • School Picture Re-Take Day	• Clay Project with Wendy S • 2/3K, T/Th ECS, 4/5G & 4/5P – Mass at St. Augustine @ 9 AM	Fall Fundraiser Order Pick Up Day (10 AM – 2 PM)	4
Catholic Education Sunday – SPT Choir is singing at Mass	6	7 School Council Meeting @ 3:45 PM	8 Taco Time Hot Lunch	• Wear Red • Remembrance Day Prayer Service at 10 AM • Immanuelights Black Light Performance @ 1:45 PM	10 No School – In Lieu of Remembrance Day	11 Remembrance Day
12	Wellness Day – No School	14 Super Hero Day Remembrance Day Contest Due	15	FREE Hot Dog Hot Lunch for all students - provided by our School Council. (donations accepted)	17	18
19	No Bus Transportation (Kidzone bus will be operating)	21	• CEC Board Mtg @ 6 PM	23 • IGA Subs Hot Lunch	24	25
26	27	28	29	30 Advent – Hope Prayer Service (Hosted by 4/5W)	Dec. 1	Dec. 2

Our Motto is Learning to Love and Loving to Learn

Celebration Time At SPT

Thank you to our school council for all their hard work in organizing our school fundraiser this year. I am proud to say we raised \$5383!!. Thank you for participating in this fundraiser.

Congratulations to 2/3K who won a Pizza Party for collecting the most food for our October Food Drive.

Thank you to Mrs. Ulrick and all our amazing parent volunteers who made our Book Fair a huge success. We sold a total of \$6522.48 which gives us \$3261.24 to spend for our school library collection.

Thank you to all the families who came out and celebrated Halloween with us. It was so great to see you all and have you join us in the Halloween fun.

Rock Time is our weekly assembly that happens the first day back from the weekend at 8:45 AM in our gathering spcae. You are welcome to join

This month we reflecting on these Gospel readings at Rock Time. These are all the Sunday Gospel Readings for October.

Matthew 23: 1-12 Matthew 25:2-10

Matthew 25: 14-21

Matthew 25: 34-40 (Solemnity of Christ the King)

This month we welcome 4 student teachers from the University of Lethbridge. Mr. Geronazzo will be in 1F, Ms. Hodder in 1V, Ms. McCullough in 4/5W, and Mr. Abdalgawad in 4/5G.

Mark your Calendars



- Nov. 1 9:00 All Saints Celebration hosted by 2/3Kin our Gathering Space 💢
- Nov. 2 Wendy Struck, from Medalta in the Historic Clay District of Medicine Hat, here at the school to do clay projects with our students
- Nov. 5 Catholic Education Sunday, our school choir will sing at the 9:00 AM Mass at St. Augustine's church (Remember the time change!)
- Nov. 9 10:00 AM Remembrance Day Celebration hosted by 4/5G in the Gathering Space. Wear Red.
- Nov. 9 1:45 PM Immanuelight Black Light Theater Production here in the school gym
- Nov. 10 & 13 No school
- Nov. 14: Superhero Day World Kindness Day
- Nov. 20 No Busses Running
- Nov. 30 9:00 Advent Hope Prayer Service Hosted by 4/5W in our Gathering Space 🎇



We are honouring our peacekeepers this month. If you are or know of a firefighter, police officer or have served our country please email Mrs. Nevil (nevilm@holyspirit.ab.ca) your photo so we can honour you during Rock Time. Thank you!



SPT Library News

Thank you to everyone who came out and supported our book fair. We really appreciate all of the support and we look forward to updating our collection of library books with the funds that we have earned through the Scholastic book fair!

Our total sales for our Book Fair was \$6522.48!! Because our bookfair made over \$4000, our library gets a 50% kickback that goes to our scholastics credit for future purchases for our library.

Thank you to all of the following business:

- Avail CPA Donated the use of the popcorn and popcorn machine
- Pizza 73 Donated gift certificates to be used in-store
- Johnson's Drugs Donated "fun" pencils for our treasure chest
- Silverado Country Western Wear & Decor (Brooks) donated key chains for our treasure chest.

And parent volunteers who helped make our book fair a big success:

- Mackayla H.
- August C.
- Courtney M.
- Mandy C.
- Kayley J.
- Melissa F.

Kim R.

Rawan M.

Additional NOTES:

- 1. If you have any small items that you would like to donate to our library treasure chest throughout the year, please feel free to contact Mrs. Ulrick for pickup or drop them off at the school at your convenience.
- 2. If you would like to help build our school library book collection, place your orders through Scholastic at Scholastic.ca (Book Clubs) and use the code RC664345. Then Danelle (2) Ulrick's classroom will earn 20% in Classroom Rewards on rewardable items when you Ship to School.
- 3. If any of our SPT parents would like to volunteer in the library, please let the office or Mrs. Ulrick know. Help would be welcome anytime between Monday and Thursday and between the hours of 12 noon and 3 pm.



Left: These books were purchased by parents for our Teacher wish lists.

Right: Students are excited with all of the books that we pulled from our book fair to put in our Library. These books were purchased with Scholastics credit from previous book fair sales.



School Council News:

The next school council meetings will be held on:

Tuesday, November 7th @ 3:45 PM Thursday, December 7th @ 3:45 PM

Follow our SPT School Council on Social Media to stay up-to-date with how they are supporting our SPT School Community. (Click on the links below)

Facebook

Instagram

Upcoming Important School Council Dates:

- November 3, 2023 Fall Fundraiser Potato & Onion Pick Up (10:00 AM – 2:00 PM)
- November 8, 2023 Taco Time Hot Lunch
- November 16, 2023 FREE Hot Dog Lunch for all students.
 Lunch will consist of a Hot Dog, a bag of chips, and a juice.
 (provided by school council) (Donations accepted)
- November 23, 2023 IGA Subs Hot Lunch
- December 6, 2023 Pizza 73 Hot Lunch



Bring a small donation if you wish.

Donations will go towards Winter Bins for the SPT Classrooms

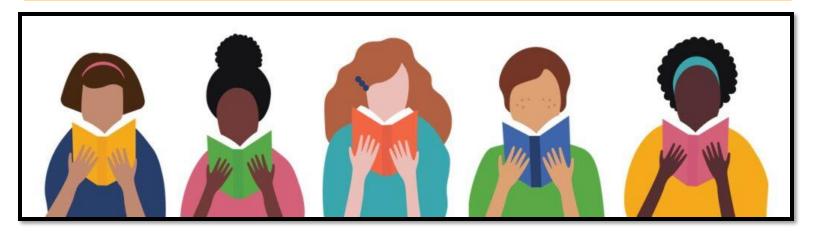
Provided by SPT School Council

FALL FUNDRAISER

Thank you to the families of SPT for participating in our Fall Fundraiser.

We were able to sell and profit \$5383.00

Thank you to everyone who supported our SPT Food Drive and our SPT School Council Fundraiser Food Bank Donation Option. Our students donated a total of **531 lbs** of non-perishables and our community donated **1671 lbs** of potatoes and onions to the food bank. Thank you for your generosity.



A huge shout out and THANK YOU to **Indigo @ CF Market Mall in Calgary** for raising a total of **\$1031.27** during the Indigo Love of Reading Foundation & Adopt a School Project from October 10-31st. We are excited to announce that this money will go towards a One Book One Community Project that we are planning for after Christmas. We are very excited to be able to plan this again. More details to follow.



Please join us in welcoming these four PS1 Student Teachers from the University of Lethbridge. They will be working with our teachers for the next 5 weeks. (November 6th – December 14th)



Ms. Hodder in Grade 1V with Mrs. Visscher Mr. Geronazzo in Grade 1F with Mrs. French



Ms. McCullough in Grade 4/5W with Mrs. Wickson Mr. Abdalgawad in Grade 4/5G with Ms. Gross

Important Reminders:

Late or Absent Students – Please call our school office by 9:00 AM if your child will be late or absent from school! Our phone number is 403-223-3352.

Agenda Notes – The agenda is an important communication tool between home and the school. If there are any changes in your child's schedule, a change in bus/kidzone schedule, or a change in who is picking up your child, please make note in your child's agenda. If the change occurs during the day, give our school office a call and we will pass on the message to the classroom.

Picking up Students During School Hours – Parents, if you are picking up your child during school hours, please check-in at our office to sign out your child. While signing out, the office will contact your child's homeroom teacher to have your child sent down to the office. Thank you in advance for your cooperation by helping us to continue to create a safe and supportive learning environment for all of our students.

Medical Notes/ Medication – If your child needs to take medication at school, please see Mrs. Mankow in the office to fill out the required paperwork. Additionally, please keep us updated on any allergies or medical changes the school should be aware of.

Microwave Use at Nutrition Times — We have two 15-minute Nutrition Breaks for our students to eat and the entire school eats at the same time. Due to the limited time please send your child with lunches that do not require a microwave. This will ensure that all students will have ample time to eat their lunch. More time will be provided in class for those students who need to eat more.

Milk and Juice Program - We are excited to be offering our chocolate milk and juice program again this year. The program will be run by our Grade 5 students with the help of Mrs. Gross and Mrs. Wickson. Chocolate milk and juice will be available for purchase during the 1st Nutrition Break. Milk cards can be purchased at the office or on SchoolCashOnline. If you pay for a card online, please have your child come to the school office to request the card. Thank you.



We have two types of cards available:

- 1) \$10 punch card valid for 10 individual milk/juice purchases
- 2) \$20 punch card valid for 20 individual milk/juice purchases.

If you don't want to purchase a punch card, students are also able to purchase milk or juice individually. Each drink is \$1.00

***Proceeds from the milk program supplement our breakfast program and Grade 5 Farewell. ***



Stay Connected:

Check out our school website: spt.holyspirit.ab.ca/
School Calendar: spt.holyspirit.ab.ca/school/calendars

Follow us on Social Media:







Board Briefs:

Each month, the School Division Trustees publish a summary of their meetings: https://www.holyspirit.ab.ca/board administration/board of trustees/board meetings



NOVEMBER 2023

Breakfast Program Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Banana Bread Squares * Cucumbers	Toast 2 Jam Öranges	Crackers Cheese Fruit	
	Trail mix Fruit Yogurt	Cereal? Milk Fruit	Toast 8 Jam Vegetable	Crackers Cheese Fruit	No School	
	No School	Granola Bar Apple Sauce	Cereal Milk Fruit	Toast Jam Vegetable	Crackers Cheese Vegetable	
	Granola Bar Fruit	Cereal Milh Fruit	Egg Wraps Vegetable	Crackers Cheese Fruit	Smoothie Day!	
	Trail mix Fruit	Cereal Milk Fruit	Cookie Vegetable	Yogurt Parfait	Crackers Cheese Fruit	
		Notes:	1		1	



The Taber Food Bank has an opportunity to win \$20k for the relocation of the vegetable garden.

I ask you to please consider sharing the with your colleagues, friends, family and strangers



(Everyone)

Taber Home and Farm put forward the Taber Food Bank Vegetable Garden and they were successful in round one, receiving \$8k. Winning an additional \$20k would be amazing, but we need your vote every day until November 15.

The vegetable garden provides thousands of pounds of food to Taber and area. Beside an amazing food source, it has been a beautiful project to build community and work alongside one another. I encourage you to support the project and VOTE every day, by clicking the link. I

Instruction

- 1. Go to https://www.winfieldunited.ca/en/community/raise-the-barn
- 2. Click on VOTE now
- 3. Type in your email and click the box "I am a human", click on the Taber Food Bank project. Email is for the vote and will not be used in any other capacity.
- 4. Click Submit your vote!
- 5. Repeat the steps if you or someone in your home has a different email.
- 6. Repeat the steps every day, up to and including November 15.



Psalm 96:3

Bulld!
Pilgrims of

Hope

Maria Francesca Cabrini was born on July 15, 1850 in what is now Lombardy, Italy, the youngest of thirteen children in a farming family. As a young person, she dreamed of becoming a missionary and achieved a teaching certificate. In 1870, she became the headmistress of an orphanage, and in 1870, took her religious vows. It was at this point that she took the name Xavier, to honour the patron saint of missionaries, St. Francis Xavier.

In 1880, along with several other religious sisters, she formed the Missionary Sisters of the

St. Frances Xavier Cabrini 1850-1917 (Feast Day: November 13)

Sacred Heart of Jesus, and became known more popularly as Mother Cabrini.

The order was very active in Italy, supporting orphans and providing education and housing, which led to Mother Cabrini being asked by the Pope to migrate to the United States to support the growing Italian-American population. While she was initially resistant to this idea, Mother Cabrini did emigrate in 1889 to New York. While there, she and her sisters established schools, orphanages, and hospitals in a time before governmental support for these types of institutions. She became an American citizen in 1909, and when canonized in 1946 became the first American saint.



"Building" In Our Schools

Influenced by the book "The Dot", International Dot Day (a global celebration of creativity, courage, and collaboration) is held yearly on September 15th. *The Dot*, a book written by Peter H. Reynolds, is a story of a caring teacher who dares a doubting student to trust in her own abilities by being brave enough to "make her mark." Standing at 4 feet high, St. Michael's Pincher Creek's grade 7 homeroom replicated the faith plan image using a variety of assorted sizes and coloured dots. What a beautiful faith-building expression of creativity!

Corporal Works of Mercy — Bury the Dead —

Did you know that this Corporal Work of Mercy is the only one not found in Matthew 25? Most often, reference is made to Tobit. Tobit risked his own life to ensure that his fellow Israelites received a proper burial during a time of oppression. We also know about the importance of human dignity as Catholics. Jesuit Father James Keenan has noted that "the significance of burying the dead is then rooted in the profound respect that Christians have for the human body. The human body created and redeemed by God is to be raised up by God in glory."

November is a month where we are often more conscious of praying for the deceased and those who are grieving, as we observe both "All Souls' Day" and "Remembrance Day". Through our prayers and actions, we show our respect for life, which is always a gift from God, and seek to comfort those who mourn.

What might some practical suggestions be?

- Be faithful about attending prayers, wakes, and funerals
- Spend time with those who are grieving or who have experienced loss
- Go with friends and relatives to visit the cemetery
- Offer daily prayers for those with terminal illnesses and for those who have died
- Send Mass cards to families of those who have died

Pope's Prayer Intentions - Let us pray for the Pope that, with the help of the Holy Spirit, he may continue to accompany in the faith the flock entrusted to him.

Catholic Social Teaching — Subsidiarity —

Through the course of this year, we will look each month at one of the Catholic Social Teachings. The aim of Catholic Social Teaching is to shine the light of the Gospel on our contemporary world, allowing us as disciples of Christ to look at the world around us with new eyes, and to take action.

Mother Cabrini was well known for her works of service, in a time when the government did not provide the same levels of funding and structure as it does today. She saw a need, assessed the need, and chose to take the actions that she could to try to address the need. When we act in this way, seeking to create solutions with those around us, we are engaging in subsidiarity.

"The principle of subsidiarity allows everyone to assume his or her own role in the healing and destiny of society. Implementing it, implementing the principle of subsidiarity gives hope, it gives hope in a healthier and more just future." (Pope Francis)

The basic premise of subsidiarity is that local groups, associations, and institutions are often in the best position to deal with local issues, and should be supported by higher orders of government in addressing them. We often see this principle applied by organizations such as Chalice, that seek to work together with those at the local level in supporting development programs.

Learn more about subsidiarity with one of these resources:

The Religion Teacher - <u>Subsidiarity</u> Caritas Australia - <u>Subsidiarity</u> CAFOD - <u>Subsidiarity</u>



Gospel Readings

November 1, 2023

Gospel Reading: Matthew 5:1-12a

"Rejoice and be glad, for your reward will be great in heaven." — Matthew 5:12



Today is a great day of hope in the Church. We remember and celebrate all the men and women who have gone before us... the saints. Many of them had difficult lives, suffering for their love and faith in Jesus. All of them lived lives of great example. They showed us how to live out the beatitudes (also from today's Gospel). They taught us how to pray and live lives pleasing to God. May we be inspired by them and strive to also live lives that will be pleasing to God.

As a family, learn something new about a saint you didn't know much about before. For example, read about St. John Vianney, St. Benedict, St. Rose of Lima, St. Maximillian Kolbe, St. Lucy, or St. Juan Diego, just to name a few.



Prayer:

Dear Lord, thank you not only for your Son who lived the perfect example in life, but also for all the saints who continue to reinforce Jesus' teachings.

November 5, 2023 31st Sunday in Ordinary Time

Gospel Reading: Matthew 23:1-12

"...do not follow their example. For they preach but they do not practice." — Matthew 23:3

Have you ever played a board game with someone who kept changing the rules so they would win? In this Gospel, Jesus warns the people about some religious leaders who were changing God's rules for the game of life. God's rules are simply to love him above all things and to love each other as we love ourselves. But these leaders, to make themselves look important, added more rules that were almost impossible for people to obey. And to make it even worse, they didn't even follow their own rules!

Here is a lesson we can learn from this Gospel. To be a good leader—one who is worth following—people need to see that we practice what we preach and that what we preach is good and honorable. This is what the word "integrity" means—what we say with our actions matches what we say with our words.

Do you have a younger brother or sister, cousin, or friend who looks up to you? What are some things you can do to give them a good example to follow?



Prayer:

Dear God, please help me to follow your rules so I can help others follow them, too.

Intropace

Band Appas Bay

Band Appas Bay

Band Appas Bay

Band Appas Bay

Band Bay

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Download this month's Saint Prayer Card - St Frances Xavier Cabrini

Gospel Readings

November 12, 2023 32nd Sunday in Ordinary Time

Gospel Reading: Matthew 25:1-13

"Therefore, stay awake, for you know neither the day nor the hour." — Matthew 25:13

If you were going to run a marathon, what are some things you would have to do ahead of time? Do you think you would be prepared to run such a long distance if each day for a week before the race you only ran around the block and then took a nap? Do you think your feet would be able to carry you the whole distance if you only had flip flops to wear?

In the Gospel today, Jesus uses a story to help us understand how important it is to be ready to meet God. We need to prepare in advance. If each day we try a little harder to follow Jesus' example of love, we will grow in holiness and look forward to seeing God face to face one day.

What is one thing you can do today to become more like Jesus?

Prayer:

Lord, help me to prepare my heart to become more like yours – filled with love.

November 19, 2023 33rd Sunday in Ordinary Time

Gospel Reading: Matthew 25:14-30

"Well done, my good and faithful servant." — Matthew 25:23

If you won \$100 in a contest, what would you do with it? Would you spend it on something you want, save it, or give it away? Each of these options can be good. You could spend it on something that would help you with your school work (like a calculator), put it in the bank to earn interest (increasing its value), or donate the money to someone in need. In each case, your money would be well spent. But what if you decide instead to dig a hole in your backyard and bury your \$100? That would be totally useless!

In our Gospel today, Jesus tells a story to help us understand that he has given each person a winning prize—talents that we can use to help the world know God's love. If we choose not to use these talents, it would be like burying a \$100 bill!

What special talent has God given each member of your family?

Prayer:

Lord, help me to give you honor and glory by using the talents you have given me.

November 26, 2023 Our Lord Jesus Christ the King

Gospel Reading: Matthew 25:31-46

"Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me." — Matthew 25:40

Most people have never seen Christ in a physical way, where they could talk to him and hear him talk back to them. In today's scripture, however, Jesus tells us that he is present in the people who may be the hardest to look at. Who are the "least" of our brother and sisters? He might be the person at school who isn't very popular. She might be the person at work to whom no one reaches out. He may even be the person who lives next door to you. Jesus wants us to find ways to love him through those who may not be easy to love, just as he did.

Is there someone at school or work who people shun? What can you do to be the face of Jesus for that person?

Prayer:

Dear Lord, sometimes I judge people by what they look like or by their possessions. Please give me the grace to love all people as you taught us through your example.

Sources:

Practical Suggestions for Practicing the Corporal and Spiritual Works of Mercy

PARENT NIGHT





THE TRUTH ABOUT YOUTH: **CULTIVATING DIGITAL WELLNESS**

The Lethbridge School Division and Holy Spirit Catholic School Division would like to warmly welcome parents, students, and staff to an evening of insight and collaboration. A collection of panel members with multidisciplinary viewpoints will be offering perspectives about youth and digital wellness. This event is intended to deliver guidance and support for families and individuals who are navigating parenting in the digital age. The panel members will be answering questions that have been submitted by parents (using attached QR Code), and delivering their professional insights.

QUESTION SUBMISSION LETHBRIDGE SCHOOL DIVISION WEBSITE



Yates Memorial Theatre

November 15th 2023 7:00pm-8:00pm





HOSTED BY THE LETHBRIDGE SCHOOL **DIVISION IN** COLLABORATION WITH HOLY SPIRIT CATHOLIC SCHOOL **DIVISION**



FOR MORE INFORMATION ABOUT DIGITAL WELLNESS: CLICK HERE

(I) SWAG PRESENTS:

HOW DO WE SUPPORT OUR CHILDREN WHEN THEY MIGHT NOT BE OKAY?

Join us as we enjoy learning from Kim Clark as she presents while having a courtesy meal

NOV 16 5:30 - 8:00pm

CEDAR ROOM

Sandman Signature 320 Scenic Drive S, Lethbridge AB

PLEASE RSVP AT

https://www.surveymonkey.com/r/7R9L8CC





(I)SWAG Mental Health Learning Sessions

Understanding Mental Health & taking away the stigma

Oct 19 2023

Ft. Kim Clark from Elite Training Solutions

Nov 16 2023 How do we support our children when they might not be okay

Ft. Kim Clark from Elite Training Solutions

Resiliency and Self-Care

Jan 16 2024

Ft. Lethbridge Family Services

Feb 15 2024

Healthy Relationships

Ft. Lethbridge Family Services

ADHD - Understanding the Diagnosis and Treatment Strategies

Mar 20 2024

Ft. Aleigha and Ashley from True Balance
Counselling

Apr 18 2024 Emotional Regulation - How to Help Our Kids When They Have Big Feelings

Ft. Allie and Bailee from True Balance Counselling

Digital Detox

May 14 2024

Ft. Lethbridge Family Services

LOCATION

All sessions will have dinner served at 5:30pm, with the presentations running from 6-8pm at the Sandman Signature Lethbridge Lodge at 320 Scenic Drive S, Lethbridge, AB

Please RSVP at

https://www.surveymonkey.com/r/7R9L8CC





The Catholic Bishops of Alberta and the Northwest Territories

Les **évêques catholiques**de **l'Alberta** et des **Territoires** du **Nord-Ouest**

8421 - 101 Avenue, Edmonton, Alberta, Canada, T6A 0L1 | T 780.469.1010 F 780.465.3003

October 5, 2023

Dear Sisters and Brothers in Christ,

"Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go." (Joshua 1:9)

Our theme for Catholic Education Sunday this year is: "Courage to Lead". Parents, educators, administrators, trustees, and clergy are all invited to engage their responsibility of leadership to strengthen and promote Catholic education, through which we lead the children entrusted to our care to know, love, and follow Jesus Christ.

Publicly funded Catholic education in Alberta is a unique and cherished historical gift, for which we are grateful. It is an invaluable offering to both the Catholic community and wider society, carrying growing responsibility in an increasingly secular world. In the face of many societal changes and challenges, we share the responsibility of ensuring that our faith-based education remains steadfast in its fidelity to the teachings of the Church. We are all called to lead with courage, secure in God's love.

Leadership within Catholic Education involves guidance with a sense of purpose, driven by the mission to nurture in our young people a joyful reliance upon the Holy Spirit, unwavering trust in the words of the Lord Jesus, and abiding confidence in the providence of our Heavenly Father. Beyond academic excellence, dedicated educators will permeate all aspects of school life with the Catholic faith. Parents and clergy have their role to play by strengthening the relationship of our schools with both home and parish. In addition, all Catholics exercise their responsibility by offering the support of their prayers and advocating strongly for our schools. Every effort counts in the promotion of our Catholic education system.

For our part, we Bishops pledge our leadership and support in the service of our schools. We look forward to our continuing engagement with parents, trustees, administrators, teachers, and clergy to ensure that our schools are places of authentic Catholic community, in which our beloved students come to know the joy of friendship with Jesus Christ, our Saviour.

May God bless our Catholic schools.

Catholic Bishops of Alberta and NWT

Most Reverend Richard W. Smith

Archbishop of Edmonton

Most Reverend Gary Franken

Bishop of St. Paul

t Day Jul

Most Reverend David Motiuk

Bishop of the Ukrainian Eparchy of

Edmonton

+ William Mc Shutten

Most Reverend William McGrattan Bishop of Calgary

+ Gerordietti por, com

Most Reverend Gerard Pettipas CSsR Archbishop of Grouard-McLennan

Most Reverend Jon Hansen, CSsR Bishop of Mackenzie-Fort Smith