



5302 48th Street Taber, Alberta T1G 1H3
 Phone: (403) 223-3352 • Fax: (403) 223-3855 • spt.holyspirit.ab.ca
 Michelle Nevil, Principal • Mary Tilleman, Associate Principal

April 2024

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
Mar. 31	1	2	3	4	5	6
	Easter Break – No School					
7	8 • First Day Back after Easter Break • Green Shirt Day / Jersey Day • School Council Mtg @ 3:45 PM	9 	10  • Pizza 73 Hot Lunch	11  • Family Movie Night Doors open at 5:30 PM. Movie starts at 6:00 PM Movie: Migration	12 • Wear Blue for World Autism Day • The Very, Very Far North Wrap Up Day	13
14 SPT Choir is singing at 9 AM Mass at Church	15	16 	17  • M/W ECS Fire Station Field Trip	18  • T/Th ECS Fire Station Field Trip	19	20
21	22	23 	24  • CEC Board Meeting at 6 PM	25  • Crazy Hair Day • Taco in a Bag Hot Lunch	26	27
28 	29	30 	May 1  • M/W ECS Gymnastics	May 2  • T/Th ECS Gymnastics • Grade 2/3De & 1V go to Mass at St. Augustine's at 9:00 AM	May 3	May 4
31						



= Grade 4/5 Choir Practice (3:20-4:00 PM)



= Grade 4/5 Thunder Athletics Program (3:15-4:15 PM)



ROCKS



April
2024

Our Motto is **Learning to Love and Loving to Learn**



ROCK TIME



Rock Time is our weekly assembly that happens the first day back from the weekend at 8:45 AM in our gathering space. You are welcome to join us.

This month, as we journey through the Easter season, we reflect on these Gospel readings at Rock Time. These are all the Sunday Gospel Readings for April.

John 20:19-22

Luke 24: 36-48

John 10: 11-18

John 15:1-7



Thank you to all those who participated in our Lenten Dollar Days. So far we have raised ~\$600 for St. Odilia School through Chalice. Click on the Chalice Image to learn about St. Odilia school.

Chalice



Energy Challenge for April

Learn about the Arctic Habitat and the importance of water.



Family Movie Night:
April 11, 2024.

Doors open at 5:30.
Movie starts at 6:00.

One Book One Community Literacy
Project brought to us by



The Very, Very Far North By Dan Bar-el

Now that we are done we will be celebrating the book on Friday, April 12 10:30-11:45 in our school.

You are welcome to come join us and see all the fun activities our classes will be doing.

Big Brothers and Big Sisters of Lethbridge and District

We welcome Mackenzie Beckwith from Big Brothers and Big Sisters. She will be facilitating some great programs at our school starting April 15.

This month the
Thunder Athletes will
learn Fitness and
Baseball





NATURAL PLAYGROUND UPDATE

Here's the plan for our final installments for the Rowan and Abigail Memorial Garden.

1. Memorial Benches have been ordered from Southern Monument.
2. Possible landscaping vendors are being contacted at the moment. The successful recipient will build a memorial section for Abigail (Rowan's is already there) and a raised flower garden that will be interactive for the students.
3. There will be one or two additional trees planted.



What the boulder benches look like.



Some other additions:

- The Mud kitchen will be updated within the prek area.
- A Gaga Ball pit will be built to complete the project.

Your playful spirit on these fields did roam.
Now your spirit soars, with God is your home.
Forever remembered, forever loved .
Forever an SPT student from above.
Love, Mrs. Nevil



School Council News:

The next school council meetings will be held on:
Monday, April 8th @3:45 PM

Follow our SPT School Council on Social Media to stay up-to-date with how they are supporting our SPT School Community. (Click on the links below)

[Facebook](#) - [Instagram](#)

Upcoming Important School Council Dates:

- April 8, 2024 – School Council Meeting at 3:45 PM
- April 10, 2024 – Pizza 73 Hot Lunch
- April 11, 2024 – Family Movie Night – Movie: Migration (Concession will be available)
- April 25, 2024 – Taco in a Bag Hot Lunch

Please email sptschoolcouncil@holyspirit.ab.ca for any questions you may have. Contact your child's room rep if you would like to volunteer to help with hot lunch.

A big THANK YOU to everyone who ordered flowers through our Spring Fundraiser. We are excited to be supporting local this year. We will send out reminders regarding order pick up times closer to the end of May. Please contact us if you have any questions.

MOVIE NIGHT

St. Patrick School
April 11, 2024

Doors Open at 5:30pm
Movie Starts at 6:00pm
Concession Available

Film: Migration

MOVIE NIGHT MENU

Hot Dogs	\$2.00
Popcorn	\$1.00
Candy Bag	\$1.00
Chips	\$1.00
Cookie	\$0.50
Juice Box	\$1.00

SPT Teacher Office Hours:

The teacher office hours are set aside for you to get to know your child's teacher, address any concerns you may have about your child's learning, or if you need help with SPACES, etc. Let your child's teacher know you would like to meet with them during their scheduled office hours.

Grade 1		Mrs. French (1F)	Thursday, April 18 th – 3:30-4:30 PM Thursday, May 16 th – 3:30-4:30 PM
		Mrs. Visscher (1V)	Thursday, April 18 th – 3:30-4:30 PM Thursday, May 16 th – 3:30-4:30 PM
Grade 2/3		Mr. De Coste (2/3De)	Thursday, April 25 th – 3:30-4:30 PM Thursday, May 30 th – 3:30-4:30 PM
		Mrs. Gutfriend (2/3G)	Wednesday, April 24 th – 3:30-4:30 PM Wednesday, May 29 th – 3:30-4:30 PM
		Miss Duncan (2/3Du)	Monday, April 8 th – 3:30-4:30 PM
Grade 4/5		Ms. Gross (4/5G)	Tuesday, April 23 rd – 3:30-4:30 PM
		Miss Paul (4/5P)	Tuesday, April 23 rd – 3:30-4:30 PM Tuesday, May 28 th – 3:30-4:30 PM
		Mrs. Wickson (4/5W)	Tuesday, April 23 rd – 3:30-4:30 PM Tuesday, May 21 st – 3:30-4:30 PM

Important Reminders:

Late or Absent Students – Please call our school office by 9:00 AM if your child will be late or absent from school! Our phone number is 403-223-3352.

Agenda Notes – The agenda is an important communication tool between home and the school. If there are any changes in your child's schedule, a change in bus/kidzone schedule, or a change in who is picking up your child, please make note in your child's agenda. If the change occurs during the day, give our school office a call and we will pass on the message to the classroom.

Picking up Students During School Hours – Parents, if you are picking up your child during school hours, please check-in at our office to sign out your child. While signing out, the office will contact your child's homeroom teacher to have your child sent down to the office. Thank you in advance for your cooperation by helping us to continue to create a safe and supportive learning environment for all of our students.

Medical Notes/ Medication – If your child needs to take medication at school, please see Mrs. Mankow in the office to fill out the required paperwork. Additionally, please keep us updated on any allergies or medical changes the school should be aware of.

Microwave Use at Nutrition Times – We have two 15-minute Nutrition Breaks for our students to eat and the entire school eats at the same time. Due to the limited time please send your child with lunches that do not require a microwave. This will ensure that all students will have ample time to eat their lunch. More time will be provided in class for those students who need to eat more.

Milk and Juice Program - We are excited to be offering our chocolate milk and juice program again this year. The program will be run by our Grade 5 students with the help of Mrs. Gross and Mrs. Wickson. Chocolate milk and juice will be available for purchase during the 1st Nutrition Break. Milk cards can be purchased at the office or on SchoolCashOnline. **If you pay for a card online, please have your child come to the school office to request the card. Thank you.**



We have two types of cards available:

- 1) \$10 punch card valid for 10 individual milk/juice purchases
- 2) \$20 punch card valid for 20 individual milk/juice purchases.

If you don't want to purchase a punch card, students are also able to purchase milk or juice individually. Each drink is \$1.00

*****Proceeds from the milk program support school activities, STEM, our SPT Leadership Program and our Grade 5 Farewell. *****



Stay Connected:

Check out our school website: spt.holyspirit.ab.ca

School Calendar: spt.holyspirit.ab.ca/school/calendars

Follow us on Social Media:



[St. Patrick School - Taber](#)



[@spttaber](#)



[@SPTtaber](#)

Board Briefs:

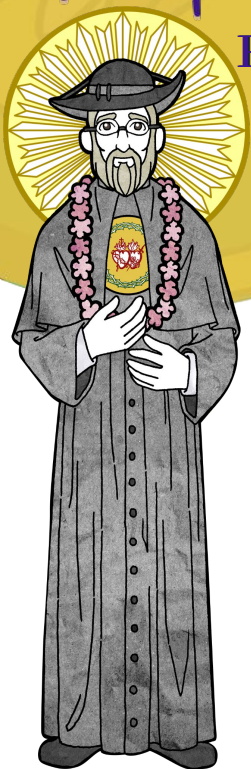
Each month, the School Division Trustees publish a summary of their meetings:

https://www.holyspirit.ab.ca/board_administration/board_of_trustees/board_meetings



April Build!

Pilgrims of Hope



"He stretched out his hand and touched him, saying, 'I do choose. Be made clean!' Immediately his leprosy was cleansed."

- Matthew 8:3

St. Damien of Molokai 1840-1889 (Feast Day: May 10)

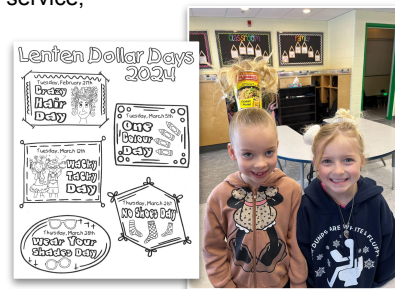
Joseph de Veuser was born into a farming family in Belgium in 1840. His family was very religious; he had an older brother who was also a priest and two sisters who entered religious life. He left school at the age of 13 in order to work on the family farm, but eventually joined the Congregation of the Sacred Hearts of Jesus and Mary at the age of 20. This order was a missionary society that served the Pacific Islands, including Hawaii (which was not a part of the United States at this time). Taking the religious name of Damien, he took the place of his older brother on a mission to Hawaii in 1864.

At this time, Hawaii was struggling with a major health crisis, as newcomers to the islands had brought with them many diseases for which the people had no natural immunity. These included smallpox, cholera, and leprosy. In 1865, the Hawaiian King passed a law which mandated that those with leprosy were to be sent to the island of Molokai. About 8,000 people were eventually sent there over the next five years, but their lives were very challenging there.

It was during this period that Father Damien volunteered to attend to the people who had been sent to Molokai. He worked to build a church, and to improve the state and standard of living for the people there. He saw in each of the people their own human dignity, and served their spiritual needs as well. It was inevitable that by spending so much time in contact with leprosy, that Fr. Damien would also contract the disease. In 1889, after 16 years of service, he died amongst the people for whom he cared so deeply.

"Building" In Our Schools

At St. Patrick School in Taber, students raised funds during their Lenten Dollar Days. Students donated a dollar to participate in dress-up days, like Crazy Hair Day seen here, with the proceeds going to the Chalice/St. Odilia project.



Corporal Works of Mercy — Visit the Imprisoned —

Each year on Holy Thursday, as we begin the Triduum, one moving moment in the Mass of the Lord's Supper is where members of the congregation have their feet washed by the parish priest. This recalls Christ washing the feet of his disciples in John 13. In Pope Francis' tenure, he has each year done this as part of celebrating Mass at a local prison. In this, he is demonstrating to them that they are not forgotten, and that they are loved by God. To us, he is showing the importance of visiting those who are imprisoned. People may be imprisoned for many reasons, and without dismissing the suffering caused by those who commit crimes, all people retain their dignity as created in the image and likeness of God.

While it may not always be possible for us to visit actual prisons, we can ensure that we support the prison ministries of our own parishes, to pray for those who are imprisoned, or to write cards or letters that could be sent along to them. We might also stretch our own thinking, and ponder how we can support those who might be imprisoned by isolation, loneliness, fear, anxiety, depression, or hopelessness.

Pope's Prayer Intentions - For the Role of Women

Let us pray that the dignity and worth of women be recognized in every culture, and for an end to the discrimination they face in various parts of the world.

For more Information: [Works of Mercy](#)
[6th Corporal Works of Mercy: Visit the Imprisoned](#)

Catholic Social Teaching — Rights and Responsibilities —

Through the course of this year, we will look each month at one of the Catholic Social Teachings. The aim of Catholic Social Teaching is to shine the light of the Gospel on our contemporary world, allowing us as disciples of Christ to look at the world around us with new eyes, and to take action.

The Catholic tradition teaches that human dignity can be protected and a healthy community can be achieved only if human rights are protected and responsibilities are met. Therefore, every person has a fundamental right to life and a right to those things required for human decency. Corresponding to these rights are duties and responsibilities--to one another, to our families, and to the larger society.

Learn more by watching this [video](#).



"Turn all your thoughts and aspirations to heaven.

Work hard to secure for yourself a place there for ever." (St. Damien of Molokai)

Gospel Readings

April 7, 2024

2nd Sunday of Easter/Divine Mercy Sunday

Gospel Reading: John 20:19-31

“Jesus came and stood in their midst and said to them, ‘Peace be with you.’” — John 20:19

Today in the Church we celebrate Divine Mercy Sunday. It is a day to remember that God is constantly pouring out his mercy to us at every moment of our lives. He isn't always happy with some of the choices we make, or the ways we turn away from him. But he keeps showering us with his love, forgiveness, and mercy, all the time. Today's Gospel reminds us of that mercy. Jesus could have been very upset with the apostles for abandoning and denying him. Instead, he gives them peace. He showers them with love and forgiveness...mercy. We are blessed to have a God who loves us so much!

What are some ways we can show mercy to others?



Prayer:

Dear Lord, thank you for loving us more than we can ever understand. Please give us the grace we need to live a life worthy of your gift of mercy.

April 14, 2024

3rd Sunday of Easter

Gospel Reading: Luke 24:35-48

“Why are you troubled? And why do questions arise in your hearts? Look at my hands and my feet, that it is I myself. Touch me and see, because a ghost does not have flesh and bones as you can see I have.” — Luke 24:38-39

When we feel alone or unable to handle problems, we often rely on our own strength. But Jesus wants us to return to him with all our heart and find the strength we need in HIM. The wounds he shows us in today's gospel remind us that he would do anything to help us. It's hard to let go because we want to be in control and do things our way. Sometimes we must be quiet to hear Jesus answer us and give us the love that will build our trust in him.

Are there times when you've turned to God and found comfort?
Share these times with your family.



Prayer:

Dear Lord, sometimes when I am troubled, it is easier to feel sorry for myself and turn to comforts instead of you. Please give me the desire I need to turn to you in those times to receive your great love and compassion.

Download this month's [Saint Prayer Card](#) - St. Damien of Molokai
[Saint Prayer Card](#) (black and white version for colouring)



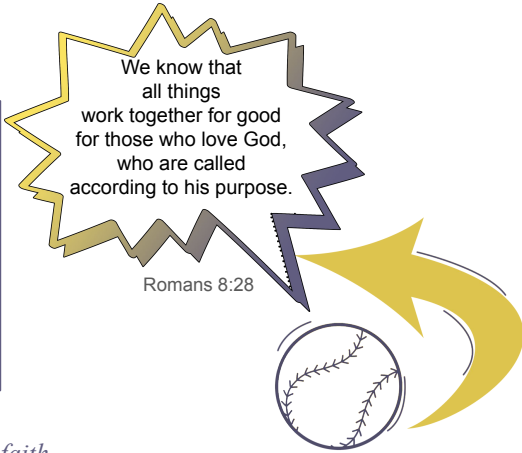
Gospel Readings

Gospel Reading: John 10:11-18

“He is the stone rejected by you, the builders, which has become the cornerstone.” — Acts 4:11

Life has a way of throwing us many curve balls. We think one thing is going to happen, and in the next moment it has gone exactly the opposite way. When we walk with the Lord these things can happen, too. Things look one way on the surface, but underneath God’s plan is bigger than what our own eyes can see. He often takes bad things and makes good out of them, if we allow him to. Jesus was a great example of this. His life looked like a failure. He came to spread love and forgiveness and was killed for it. But his death and resurrection became the foundation of the Church we are a part of over 2000 years later. Our God is amazing!

Can you remember a time when something seemed to turn out wrong, but later you realized that God’s plan was even better than what you had in mind?



Prayer:

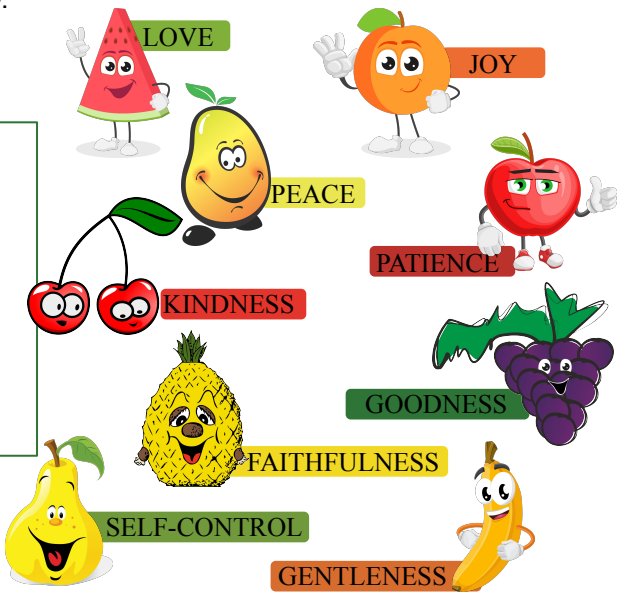
Lord, thank you for always having the “big picture,” beyond what our eyes can see. Give us the faith to always trust in your plan for our lives.

Gospel Reading: John 15:1-8

“By this is my Father glorified, that you bear much fruit and become my disciples.” — John 15:8

Grapes grew all over Israel, so the people around Jesus knew all about grapevines. But for us, it may need a little explanation. When Jesus calls himself a vine, he is telling us that we are connected to him. Sometimes, vines need to be pruned so they will bear fruit. In the same way, Jesus needs to help us so we will grow and be able to produce more fruit. The kinds of “Holy Spirit” fruit Jesus helps us grow include love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. Jesus shows us through our parents and teachers how to stay close to him and grow.

Pick one of the “Holy Spirit” fruits in the list above to work on this week. How can you grow some of that kind of fruit?



Prayer:

Lord, help me grow in the knowledge of how to live, so I can be filled with more love, joy, and peace. Help me to accept the guidance you give me.

Sources:
[Saint Damien of Molokai](#)
[Stories of Saints : Leper Priest |](#)
[St. Damien of Molokai](#)
[St. Damien of Molokai | Catholic Saints \(FORMED\)](#)

[The Fruit of the Spirit Poster \(Children\)](#)
[The Fruit of the Spirit Poster](#)
[Growing Up Catholic Mass Transit Cards 2023-2024](#)



(I)SWAG Presents

Ft. Allie and Lisa from True
Balance Counselling

Emotional Regulation

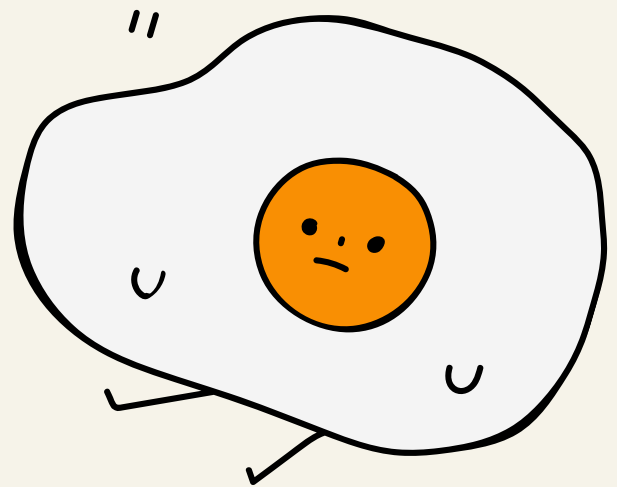
How to help our kids when they have big feelings

APRIL 18TH, 2024 @ THE ESSIES BALLROOM

5:30PM-8:00AM

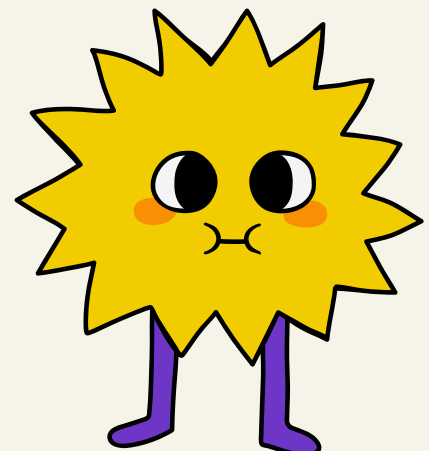
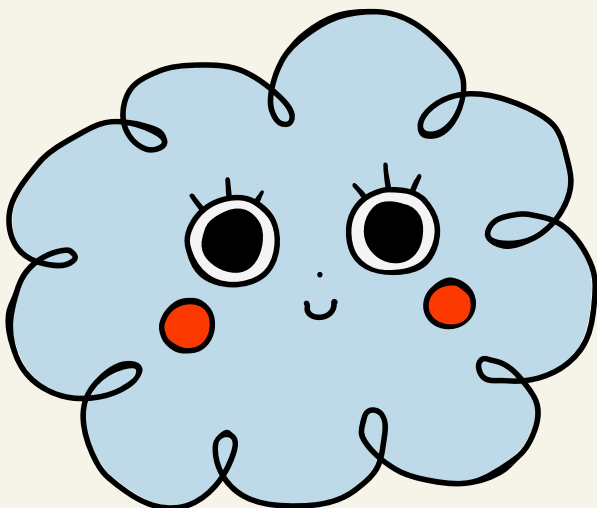
Sandman Signature, 320 Scenic
Drive S, Lethbridge ab

Join us as we enjoy a complimentary
dinner while learning from the
Registered Psychologists from True
Balance Counselling about Kids and
their Big Feelings.



Please RSVP at:

<https://www.surveymonkey.com/r/7R9L8CC>





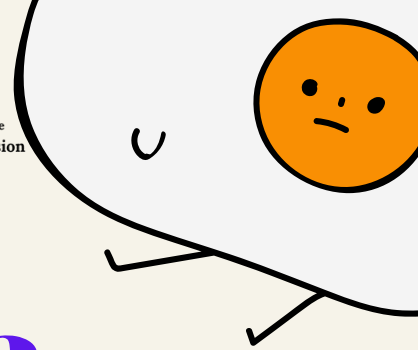
Emily Williston

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Student Wellness Access Guide
Holy Spirit Catholic School Division
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Billy Woitte

ISWAG
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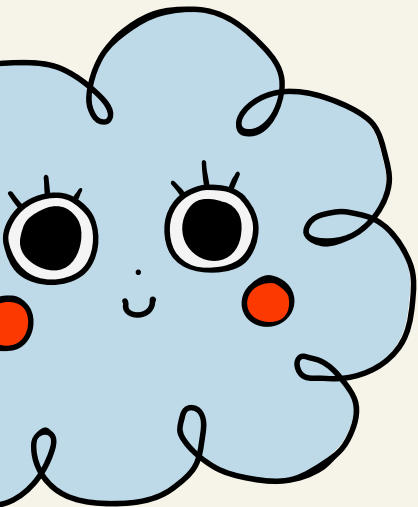


Allie & Lisa

True Balance Counselling

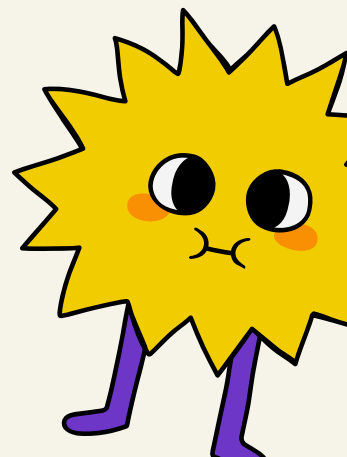
Lisa is a genuine, empathetic, and caring therapist who places a high value on building a strong therapeutic relationship with her clients. She strives to create a safe, supportive, and non-judgemental space where individuals can freely discuss their concerns..

Allie is a Registered Psychologist who values creating a warm and welcoming environment. She is passionate about working collaboratively with children, youth, and adults, to assist them in achieving their goals



This is a FREE event
that is open to all
parents, guardians,
and caregivers

Please RSVP at:
<https://www.surveymonkey.com/r/7R9L8CC>





GIRLS ONLY BASKETBALL

Join a bunch of like minded girls who want to learn more about fundamental movements and basketball skills in this GO clinic! Grade 3-6.

TIME

3:30-5:00 p.m.

DATE

April 2 & 4

VENUE

Lethbridge College Gym C

SKILL DEVELOPMENT:

- Fundamental Skills
- Basketball Drills
- Modified Games

Approach

OBJECTIVES:

"Developing confidence, competence, knowledge and understanding, motivation, physical literacy and physical activity for life through the game of basketball"

No matter your experience level, come out to play, learn, and celebrate your game! You Go Girl! *Space limited to 12 girls per age group.*



Register for free at
dawn.keith@lethbridgecollege.ca

TABER VIPER



SWIM CLUB

Make a splash with us!

We offer:

- a supportive swimmer community that builds confidence, teamwork, discipline & resilience
- coaches dedicated to helping swimmers improve their technique & achieve their swimming goals
- opportunities to compete in local, regional, and provincial swim meets
- Rookie, Junior, Senior, and **NEW** Masters Programs

**Registration opens
February 26th for returning
swimmers and March 1st for
NEW swimmers!**

**Para swimmers
Welcome!**

contact taberviperswimclub@gmail.com for more info



Scan the QR
code or visit
bit.ly/viperswim
to register!

WALK & TALK

WHAT

Come join us for some fresh air and exercise. We will meet at the park and go for a walk while we talk. Bring strollers and come dressed for the weather.

WHEN

Thursdays, April 4-May 16
2:00-3:00 pm

WHERE

Municipal Park, Taber
101046 HWY 864 (4 Km north of Taber)

FOR MORE INFORMATION

Lauren
403-331-1325
lauren.tams@fcss.ca



FAMILY SENSORY NIGHT



WHAT

At this drop-in event, families have the opportunity to spend time together, while participating in a family **sensory** fun night for the whole family. Snack will be provided.

WHEN

Wednesday, April 3
6:00-7:00 pm

WHERE

Taber FCSS
5404 50 Ave

FOR MORE INFORMATION

Lauren

403-331-1325 (call/text)

Lauren.Tams@fcss.ca

